

THE LEXINGTON LINE

S/S 19 • VOL 5 • NO 2





Fatale Maison

TABLE OF CONTENTS

07	<i>Editors' Letter</i>
14	<i>Beauty Buys</i>
48	<i>Color Pages</i>
60	<i>Student Style</i>
64	<i>Editors' Picks</i>

THE USUALS

08	<i>Justifying Fashion</i>
58	<i>Do You Feel Me?</i>
20	<i>The Millennial Influence</i>
54	<i>Billie Eilish and the Rise of Misery Pop</i>
52	<i>Women In Power</i>

CULTURE

10	<i>2019 Runway Report</i>
44	<i>The Yin and Yang of the Fashion Industry</i>
46	<i>Forget Bad Hair Days</i>
22	<i>Incandescent</i>

FASHION

16	<i>Diet Fads: Trendy or Trustworthy?</i>
12	<i>Fashion Haus</i>

LIFESTYLE

56	<i>7 Sweat-Free Summer Buys</i>
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EDITORS' LETTER

In an era of social and political turbulence, the importance of advocacy is at an all-time high. The ability to speak frankly about political activism, self expression, and mental health is critical. The harsh reality of bureaucratic polarization and manipulative media has made it all the more important for younger citizens to voice their opinions and make their beliefs clear. In “Women in Power,” our news editor reinforces that it’s up to us to shape the country that we want to see.

Everything from food choices to home decor have become less about following a single perfect regimen and more about translating a unique expression of self to the world. In “Justifying Fashion,” our culture editors unpack why a love for the ostensibly frivolous is not necessarily to be condemned.

Continuing last issue’s conversation about self care, this edition of *The Lexington Line* explores the connection between societal progress and our willingness to be open about emotional adversity. In “Billie Eilish and the Rise of Misery Pop,” our music editor comments on the impact that solemn music may have on teens and the value of being transparent about mental health issues.

Whether you worship at fashion’s altar or despise its materialism, fear the influence of misery pop or praise its honest depiction of depression, or feel strongly about a particular social issue, you will discover unapologetic writers unafraid of pushback in this issue.

Whether you’re reading this in print or on screen, throw on your headphones, open your mind, and prepare to feel challenged.



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JUSTIFYING FASHION

IS LUXURY FASHION WORTH YOUR HARD-EARNED COIN?

OUR CULTURE EDITORS, DANI BRAND AND RYAN MCDEVITT, GIVE THEIR INDIVIDUAL TAKES.

Justifying fashion is as simple as justifying capitalism. It's the world we live in. It's the world we've built with our own bare hands, from rocks and sticks to steel and glass.

Sure, not everyone in societies nationally, or even globally, can agree that a pair of sneakers is worth \$800. But couldn't we all objectively say we've spent more money than we should have on something that was important to us at least once? Who are we to dictate what other people spend their money on? Who are we to denounce the amount of joy and self-expression high fashion can bring to someone's life?

As a college student, I have enormous plans for how I will spend an unnecessary amount of money when, or if, I ever come into contact with it. I will admit, fashion is not at the top of my list. A Roy Liechtenstein painting is. His painting "Crying Girl" would run me about \$7 million on a good day. Do you know what else is at the top of my list? Buying myself my own apartment in New York City, and a nice one. That could cost anywhere from a cool mil to several billions. While I'm at it, one final thing that I've always coveted: a marble sculpture of myself. I'd put it in my Lower East Side townhouse right next to my "Crying Girl." That would cost me about \$1,500.

All of these things may sound ridiculous to you, but they're important to me. These things—the townhouse, the painting, the sculpture—I don't need them. But they are all forms of expression that I can find value in. Is high fashion not intended for the same purpose? High fashion is carefully curated pieces of clothing or accessories translated directly from one's imagination into wearable pieces of art. It makes people feel more like themselves.

You want to know the indisputable kicker if the touchy-feelies don't do it for you? No one throws out vintage Prada. Sustainability wins in the end.



I love fashion. I work for a fashion magazine and in a luxury showroom. I love fashion... but I also think it's stupid.

Our is society characterized by wasted time and money, according to Thorstein Veblen's "The Theory of the Leisure Class." Conspicuous consumption, also defined by Veblen, refers to consumers who buy luxury goods to display wealth instead of focusing on what they actually need. We all do it. We're going to continue to do it. There's a certain aspirational aspect to fashion—our styles are always shifting, and our tastes are always growing. By design, there's no end to this. We're trapped in an uncovered room trying to reach a ceiling that isn't there. We're rolling a boulder up a hill and watching it tumble back down. We keep trying, and we keep falling behind. Someone will always be better dressed, and someone else will always be on the cutting edge.

Fashion can be the moment of warmth when sunlight penetrates Manhattan's skeleton on a cold day. Fashion can also be the borders that further ostracize the lower class. Classism runs rampant to the point that we don't think about it. We accept it. There's a widespread expectation of luxury and beauty, both by the fashion industry and for the fashion industry. According to *Forbes*, fashion houses are notorious for underpaying employees, not just factory workers. From time-to-time, PR coordinators, merchandisers, stylists, and more are systemically underpaid because they're told that they're lucky to be there—that they're expendable. Working in fashion is socially validating, stemming from its exclusivity and prestige, and that validation is exploited with the promise of a career.

None of this changes anything for me. I want to work in fashion because I enjoy it. I really do, but I recognize that a hollow idea of luxury brought me here. Still, think about what fashion has taught you about yourself. Think about where it's gotten you, and think about how it makes you feel. These are good things. Do it for yourself and you will find your own value. Autonomy in the face of a three trillion dollar industry is liberating. Fashion, in its own right, can't be justified. It's what you do with it that can.

UNDERCOVER '04
ONE-OF-ONE T-SHIRT

SAINT LAURENT
A/W '13 CARDIGAN

DIOR
A/W '05
SHIRT

MIHARAYASUHIRO
PANTS

SAINT LAURENT
S/S '15 BOOTS



DAZED N CONFUSED



Several designers added a splash of nostalgic tie-dye to their collections. Remember those good ole days at summer camp when you were a kid?

Or perhaps it was a backyard birthday party. The print also has a groovy feel, as it is a signature component of the hippie look.

ANIMAL INSTINCTS



Leopard print has been lingering for about a year now. While the classic pattern never truly goes out of style, it has been popping up on the runways for the past few seasons. It seems to be the trend that just won't go away. But is anyone really complaining about it?

If you're tired of feline motifs, then snakeskin, zebra, or tiger print are some fresh options you may opt for. Best of all, designers like Gucci and Stella McCartney have released stunning faux furs to take a stand against animal cruelty. Animal prints were prominent on the A/W '19 runways, so these fierce styles can easily transition into next season. Shed your leopard coats and embrace your inner animal as summer approaches.

HELLO SUNSHINE!

It makes perfect sense that designers incorporated some color into their collections for spring and summer. Among the most prevalent hues was yellow—an appropriate way to embrace the sunshine and incorporate a sense of optimism into our wardrobes.

Yellow symbolizes happiness, clarity, positivity, intellect, and joy—all uplifting themes we can benefit from right now.



DO THE POLKA

Polka dots—a bit more of a micro-trend this season. A handful of designers unveiled dotty designs that provided a modern take on retro vibes. When I think polka dots, I instantly visualize vintage fashion of decades past. The print has a rich history that first made a splash in the '30s and continued to be a prevalent motif well into the '60s.

As Elle Woods's counselor once said, "Harvard won't be impressed that you aced History of Polka Dots." The dotty look goes beyond fashion. Renowned Japanese artist Yayoi Kusama is known for her designs that incorporate the print as well.





FASHION HAUS

HOME DÉCOR AS SELF-EXPRESSION

BY KATHERINE MAJESKIE



From the sophisticated silhouettes of the 1940s to the eclectic color palette of the 1970s, the timeline of home decor tends to repeat itself. Last year, people filled their spacious homes with modern yet rustic pieces and pops of millennial pink. Plush pillows complemented the clean lines of minimalist couches. Vintage dining chairs were paired perfectly with contemporary countertops and cabinets. But 2019 has brought a whirlwind of bold colors, sustainable materials, and inevitable character, which includes recreating the infamous millennial pink and putting a new spin on the term “classy.” Fast fashion retailers are jumping on the bandwagon to help the average consumer decorate their home with the most up-to-date styles and trends. Well-known influencers and personalities are using their high follower count to their advantage to create home-inspired collections in brick-and-mortar retail stores. Let’s take a quick peek to see what else 2019 has to offer.

Adding a vintage twist to a modern design is not a new idea; however, 2019 is doing it in a fabulous way. Nuances of royal blue and forest green are all the rave, in addition to hints of natural wood. According to *ELLE Decor*, this year is filled with more sustainable accents, bold color statements, geometric materials, and even more metal accents. Subsequently, the Millennial pink of 2018 has begun to flourish into a more elegant blush shade.

Pairing natural stone with these modern trends adds character, and refurbishing antique pieces brings in a vintage, yet eclectic vibe.

Home decor has always been around, but it is evolving into a new industry. Mass fashion retailers, such as H&M, are taking it to a whole new level with their ability to stay constantly up to date with new trends. The ideas are brainstormed, and then the final product is shipped to the locations almost instantaneously. H&M Home is currently selling a new and improved blush pink within their linens. Metal accents are found in their kitchen canisters and jewelry holders. Coat hooks, cutting boards, and other staples feature natural wood-like finishes, and geometric patterns are found everywhere, from mugs to plates to plush throw pillows. Other popular retailers, such as Zara and Francesca’s, have joined H&M in the home fashions industry by selling furniture, kitchen items, and more. Forever 21 may be inching its way into the industry, as it currently sells tech accessories and small bedroom trinkets.

Influencers and personalities have also utilized this recent trend as a way to extend their brand. For example, Chip and Joanna Gaines from HGTV’s *Fixer Upper* have collaborated with Target to sell their brand Hearth & Hand, which includes candles, faux plants, lamps, decorative bowls, and modern art pieces. Chrissy Teigen has also begun



selling her brand, Cravings, within Target. Her line includes a slew of cooking items for your home, such as baking pans, utensils, and decorative pieces. Lastly, Ellen DeGeneres launched her fashion collection, ED by Ellen, a few years ago, and her home pieces are just beginning to grow in popularity. There is a plethora of trendy, yet classic flatware, statement furniture pieces, bedding, rugs, and kitchen items.

These retailers are able to update and change their merchandise selection very quickly, which helps them maintain popularity within the home fashions industry. Retailers like H&M have followed the spot-on predictions of *ELLE Decor*; there is a slew of stone accent pieces and variations of bright colors to liven up your home. The elegant blush shade is sold within Target's



bedroom and living room sections, while the geometric patterns are found in the ED by Ellen Home Collections tabletop merchandise.

In addition to using clothing as a personality statement, people are starting to decorate their homes to reflect their hobbies, characteristics, and personal style. As such, influencers are creating new ways to reach their target market. For the rest of 2019, there will be more adaptations of the blush pink trend, in addition to more stone and wood accent pieces. Even though home fashions have existed as long as homes, with the rise of social media, the average consumer is starting to pay more attention to trends. Who knows what 2020 will bring?

BEAUTY BUYS

1 GLOSSIER Boy Brow \$16 • 2 MAISON MARGIELA 'REPLICA' Sailing Day \$128 • 3 YVES SAINT LAURENT Couture Highlighter \$42 • 4 DIOR Dior Lip Glow \$34 • 5 MARC JACOBS BEAUTY O!Mega Bronzer Coconut Perfect Tan \$49 • 6 NARS Sheer Glow Foundation \$47 • 7 TOO FACED Better Than Sex Waterproof Mascara \$24 • 8 FENTY BEAUTY BY RIHANNA Fairy Bomb Glittering Pom Pom \$42 • 9 TOM FORD Sheer Cheek Duo \$82 • 10 SUMMER FRIDAYS Jet Lag Mask \$48



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DIET FADS

TRENDY OR TRUSTWORTHY?

BY ERICA FOUTS

IF YOU'VE EVER GOOGLED SUPERMODEL DIETS OR READ THROUGH THE WELLNESS SECTION ON GWYNETH PALTROW'S INFAMOUS GOOP, YOU HAVE PROBABLY NOTICED THAT THE INTERNET IS TEEMING WITH STRANGE DIETS. FROM FASTING INTERMITTENTLY TO LIVING GLUTEN-FREE, EVERYONE SEEMS TO HAVE DISCOVERED THE HOMEOPATHIC SECRET TO IMPECCABLE HEALTH. WITH THAT IN MIND, I'VE ROUNDED UP SIX OF THE MOST BUZZED-ABOUT DIETS AND THEIR POTENTIAL HEALTH BENEFITS TO HELP YOU NAVIGATE THE DIETARY OVERLOAD.

GLUTEN FREE

Going without gluten is a necessity for those with Celiac disease, but in recent years, the gluten-free diet has become a celebrity staple, even for stars that can metabolise gluten (*ahem* Kourtney Kardashian). According to *Women's Health* magazine, the recent publicity of the food trend has resulted in the belief that it is a "cure-all," and that it can be used to treat "migraines, fibromyalgia, and chronic fatigue syndrome." It has also come to be associated with weight loss, but there appears to be no evidence linking gluten consumption to weight gain. Rather, a gluten-free diet significantly limits the types of foods that can be eaten, potentially reducing the ability to overeat.



KETO

The term "keto" was derived from "ketosis," a metabolic state in which the body burns stored fat rather than carbohydrates. Keto, similar to the Atkins Diet, calls for a drastic reduction in daily carb intake. To reach ketosis, individuals must consume fewer than 50 grams of carbs per day. For comparison, the recommended carb intake for adults is between 225 and 325 grams per day. But keto is more than just a low-carb diet. The regimen requires that around 90% of daily calories come from fats, so bacon and cheese are keto-approved. It cannot be refuted that the diet can trigger rapid weight loss, which is why so many people have relied on keto to prepare for special events, but the extreme diet is only safe for limited periods of time. A *Harvard Health* article on the diet warns that it can cause "nutrient deficiency, liver problems, kidney problems, constipation, fuzzy thinking, and mood swings." In fact, headaches, fatigue and dizziness are common side effects that can affect dieters after only 24 hours in ketosis. The symptoms have been gravely nicknamed the "keto flu." Regardless, celebrities like Kim Kardashian continue to swear by keto for a quick fix.



PALEO

Paleo, or the caveman diet, is a creative approach to health; the diet consists only of foods that were likely consumed by pre-humans in the Paleolithic period. Specifically, the caveman diet relies on foods that can be acquired by hunting and gathering. Meat, fish, nuts, fruits, and veggies are Paleo staples, while dairy, legumes and grains are off limits. Though the diet's origins can be traced back to the mid '70s, Dr. Loren Cordain popularized the regimen in 2002 when he released a book titled *The Paleo Diet*. Dr. Cordain claimed that the diet can lower blood pressure, reduce inflammation, trigger healthy weight loss, control acne, and limit the risk of heart disease. However, a UC Davis study argued that Paleo can put dieters at a heightened risk of calcium and Vitamin D deficiency and increase the risk of heart disease and kidney problems. Despite the concerns, the diet continues to grow in popularity, especially for those in the bodybuilding community.



ALKALINE

The Alkaline diet, similar to the paleo diet, has drummed up media attention due to its unique restrictions and medical claims. Theoretically, limiting acidic foods, such as oranges and refined sugars, can positively change an individual's pH balance and prevent arthritis, Type 2 diabetes, brain fog, and kidney stones. It is also suggested that the diet can promote weight loss. According to WebMD, however, many doctors argue that there is little evidence to support these claims, and that the pH level of the digestive system does not impact the rest of the body in such a drastic manner. Naturally, weight loss is a potential outcome of cutting out foods like alcohol, meat, and nuts because of their high calorie content. Apart from that, the popularity of the diet will presumably continue to flourish since Tom Brady and Gisele Bündchen have advocated for an alkaline diet for years.

INTERMITTENT FASTING

Intermittent fasting is not rooted in the types of foods consumed, but instead, is based on the timing of meals and amount of calories eaten. There are different forms of the diet. Some fasters cycle their calories by severely limiting their food intake on certain days and eating a staggering amount of calories during the rest of the week. Others opt for the more popular fasting option by only eating during a certain window and fasting for the rest of the day. In either case, the theory is the same: fasting lowers insulin levels, which in turn, burns stored fat. Fat loss is the ultimate benefit of the diet, but according to the *U.S. News*, some experts have conducted studies that suggest fasting can damage cells and stiffen heart tissue. Until hard evidence is proposed, dieters will continue to side with the likes of Terry Crews, Hugh Jackman and Benedict Cumberbatch, who have reaped the aesthetic benefits of intermittent fasting.



VEGAN

Veganism is nothing new, but Instagram models and proud vegan celebrities have turned the lifestyle into a full-tilt fad. The specifications of the diet are pretty straightforward. Vegans do not consume any animal products, so everything from meat to honey is off limits. Though many vegans choose to forgo animal products for ethical reasons, it is also worth considering for the health benefits. Doctors that praise veganism, such as Dr. Caldwell Esselstyn and Dr. Kim A. Williams, argue that it lowers the intake of carcinogens, harmful fats linked to heart disease, and growth hormones. On the other hand, vegans must take supplements to get their vital B12 supply and carefully combine the right kinds of food to create complete proteins. Though omnivores and herbivores may never find common ground, stars like Ariana Grande and Miley Cyrus have sworn by a plant-based lifestyle for years, causing many devout fans to give the diet a whirl.

WITH SO MANY DIET FADS AND CELEBRITY SECRETS, IT CAN BE TRICKY TO FIGURE OUT WHAT WILL WORK WELL FOR YOU. EVEN DOCTORS WILL DISAGREE WITH ONE ANOTHER WHEN DISCUSSING WHICH DIET IS THE BEST. TO FIND WHAT MAKES YOU FEEL HEALTHIEST, TRY AN ELIMINATION DIET TO DISCOVER YOUR SENSITIVITIES, OR PRACTICE MINDFUL EATING TO GET IN TOUCH WITH YOUR BODY'S TRUE NEEDS. AT THE END OF THE DAY, A BALANCED DIET WILL WORK WONDERS. LISTEN TO YOUR BODY, DRINK ENOUGH WATER, GET PLENTY OF SLEEP, TAKE A WALK, AND YOU'LL DISCOVER THAT HEALTH IS NOT NEARLY AS COMPLICATED AS THE INTERNET MAKES IT SEEM.

THE MILLENNIAL INFLUENCE

HOW MILLENNIALS ARE CHANGING THE GAME & OPENING DOORS FOR THE NEXT GENERATION

BY SABRINA TALBERT

As the last of the Millennials and the first Gen Z's continue to enter an already populated workforce, the pressures of remaining financially stable and fulfilled in other areas of life are higher than ever. And for better or worse, social media has played a large role in determining how we define success.

“COMPARING OURSELVES TO INFLUENCERS CAN CREATE THIS CONSTANT FEELING OF DISTANCE BETWEEN WHERE WE ARE AND WHERE WE WANT TO BE.”

We live in a world of bloggers, beauty gurus, and influencers. We turn to them for guidance in all things from fitness to fashion, and we often find a way to identify with the community they've built around themselves. Social media has been used by many people as a platform to create content that they're passionate about, which occasionally results in revenue through ads and partnerships with different brands. This, of course, is not without consequences.

“We live our lives glued to our smartphones. Whether it's seeking instant gratification from dating apps or social media 'likes,' I think we may get lost in our sense of self-worth and base our happiness upon things that don't really matter in the bigger picture. We lose a sense of what's real,” says Pamela Kivi, a senior Fashion Media major at LIM and *The Lexington Line's* Digital Content Editor.

It's true that we're only seeing what is intended to be shown on social media—not reality, but a more appealing version of reality. Still, we can't help but think about how our lives differ. Gen Z is known for being more tech-obsessed than any other generation, and as a result, Gen Z's tend to experience a different kind of pressure to be successful because of the way that success is depicted through media: mimosas on a boat in Bora Bora.

You may be watching your favorite influencer and thinking to yourself, “How are these guys my age getting paid to travel the world while I'm stuck struggling with college debt?” or “They're only 22! How can they even afford to live in such an expensive home in New York City or L.A.?” Comparing ourselves to influencers can create this constant feeling of distance between where we are and where we want to be. Your favorite Sephora-sponsored influencer may seem to be living the life, but is that really what success is?

There have of course been plenty of scandals involving influencers, the most recent one being the college entry scandal, which featured YouTuber Olivia Jade. Olivia was enrolled in University of Southern California before news broke out that her mother, Lori Loughlin (formerly Aunt Becky on Full House), and her father, luxury designer Mossimo Giannulli, paid over half a million dollars to get both Olivia and her sister enrolled. Olivia had been sharing her thoughts on college with her followers, and many of them looked up to her for being able to “manage a successful channel and study at a top university.” Of course, this turned out to be an illusion, and serves as a warning for anyone who takes Instagram influencers too seriously.

When we think of an influencer, we think of someone just like us who developed a strong following on social media and eventually made their way to the top. Some of these influencers work hard, stay authentic, and are genuinely happy with where they’re at, but it’s important to consider whether or not some of these influencers were “silver spoons” from the jump before we start comparing ourselves. The truth of the matter is everybody has their own unique path, and sometimes the path is easier for some than others. That doesn’t make people with an advantage (financial or not) any less deserving of what they’ve decided to create for themselves.

But generally speaking, Millennials are not only outspoken, they’re also aware of what they bring to the table and are willing stand up for what they believe they deserve in the workplace. Unfortunately, a lot of Millennials are deemed to be lazy, but if we’re keeping it real here, they’re some of the most hard working people in the modern workforce. Just like any other generation, we all value security and stability, especially given that we had to start making our way in the shadow of the 2008 financial crisis. The drive and work ethic of Millennials are changing the game and creating new opportunities for Gen Z’s to take over as innovators in the years to come.



OLIVIA B.

“To me, success is being surrounded by people who you love. These same people will motivate you to be your true self at all times, and they will embrace it no matter what.”



ROSE L.

“Being ‘successful’ during these times means making a name for yourself. Not even, doing something that will empower you physically and emotionally. Yes, I also think being successful is about making it in the real world, making as much money as you can. However, what does that money mean if you can’t enjoy it... nothing. I personally feel successful when I know that my family and friends are being successful.”

#INCANDESCENT //

in·can·des·cent \ in-kən-de-sənt

(adjective)

1. emitting light as a result of being heated
2. full of strong emotion; passionate

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*JONAE wears
STYLIST'S OWN Top
Fatale Maison Shorts
STYLIST'S OWN Shoes*



*FROM LEFT TO RIGHT
ALEXIS wears Inga Lena Top & Bottom
FEI wears Vintage Sofista Funk the Skirt Co. Jacket*



*JONAE wears
As I Should Top
Fatale Maison Shorts
MODEL'S OWN Shoes
AMELIA wears
As I Should Top
Sofistafunk The Skirt Co. Skirt
MODEL'S OWN Shoes*





FROM LEFT TO RIGHT

FEI wears As I Should Top MODEL'S OWN Pants

AMELIA wears As I Should Top Sofistafunk The Skirt Co. Skirt

TSUNGYU wears As I Should Top

JONAE wears As I Should Top Fatale Maison Shorts



*TSUNGYU wears Jisu Lim Jacket
and top Out of Order Pants
FEI wears STYLIST'S OWN Hat
Sofistafunk The Skirt Co. Top
Fatale Maison Pants*







*STYLIST'S OWN Jewelry and top
Sofistafunk The Skirt Co. Skirt
MODEL'S OWN Shoes*





WALK
ED

FROM LEFT TO RIGHT
CHELSEA wears
Sofistafunk The Skirt Co. Outfit
SAVANNAH wears
Sofistafunk The Skirt Co. Top
STYLIST'S OWN Scarf
Fatale Maison Pants







*JUSTIN wears
Scotch & Soda Suit
Fatale Maison Bodysuit
SAVANNAH wears
STYLIST'S OWN Dress*



Angely Martinez Earrings
STYLIST'S OWN Top
Scotch & Soda Pants







CONNOR wears
Jisu Lim Jacket
Out of Order
Accessories



RAVEN wears
Fatale Maison Outfit
STYLIST'S OWN Shoes



ANH wears Inga - Lena Jumpsuit







Sofistafunk The Skirt Co. Top
STYLIST'S OWN Sunglasses



SIDEWALK
CLOSED

Supreme

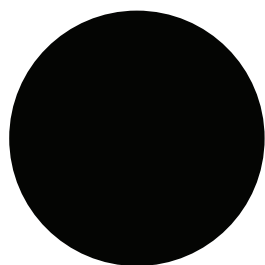
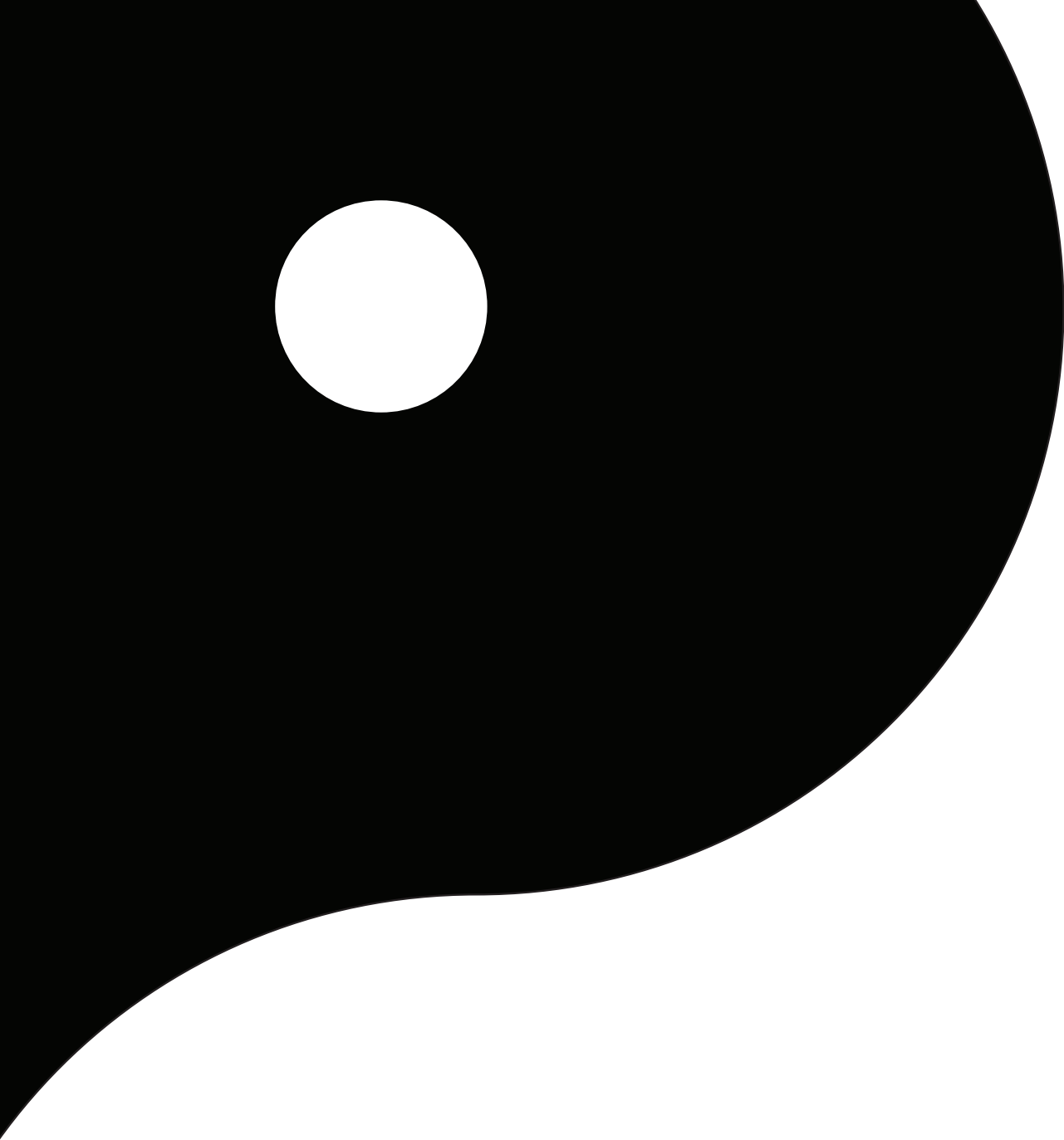
QUEEN

spade

Supre



AMELIA wears
Jisu Lim Top
Fatale Maison Pants



THE YIN AND YANG OF THE FASHION INDUSTRY

BY CAITLYN MAE G. ARAÑA & VICTORIA MONTALTI

For the longest time, there has been a discussion about the dark side of the fashion industry versus the idealized version we see on runways, films, and social media. The truth is, when it comes to how the fashion industry makes us feel about ourselves, it's not as simple as "good" and "bad." Instead, it is like yin and yang, in which seemingly opposite forces actually work together to create a whole. In this context, the darker side exists within the hopeful side and vice versa.

When it comes to how fashion makes us feel, the obvious dark side has to do with body image. There's been substantial debate over the years in the past about the risks that models, actresses, musicians and others in the public eye take to fit certain social standards.

The most recent celebrity to find herself subjected to discrimination was Bebe Rexha, who spoke out about designers refusing to dress her for the 2019 Grammy Awards because she is a size eight, which is deemed "too big" by their standards. Melissa McCarthy, who faced similar rejection from designers when attending the Oscars, said, "When you go above a size twelve, you don't lose your love for fashion."

Even celebrities like Kim Kardashian West, Khloe Kardashian, Beyoncé, and Ashley Graham have had trouble getting designers to dress them in the past. Yet designers would kill to see them in their clothing today as their fame levels eclipse their body types.

The models in fashion shows are chosen to represent how the clothes would look on a clothes hanger, hence most fashion models being very thin. The history of eating disorders both in and inspired by this aesthetic is well known. However, while a thin model such as Bella Hadid may model clothing, Kim Kardashian West will wear that same outfit in real life. Having these two exaggeratedly opposite body types creates unrealistic body expectations, especially in this social media-run world, to create unattainable goals and unhealthy standards.

While it may be easy to give example after example of the dark side of the industry, there is a positive and progressive side as well that a light must be shined on. Fashion provokes creativity and creates a desire to belong or even stand out.

It cannot go unsaid that fashion and creativity seamlessly blend into each other. The designing and production process includes a tremendous amount of innovation, imagination, and originality. Taking direction from trend forecasters and even sparking new concepts, brands in turn inspire and influence consumers.

Creativity does not just come from the back-end of the industry, though. Fashion allows individuals to express themselves in a tangible way. Fashion faux pas are meant to be broken, and this freedom allows consumers to choose how they want to feel on a daily basis and how they want to portray themselves to the rest of the world. Strangeness and difference are celebrated and encouraged.

Fashion is a unifying element that connects us to one another. As Balmain's Creative Director, Olivier Rousteing, concisely yet eloquently put it, "fashion should be about diversity, about representing the world as it is."

From LGBTQ+ parades to #MeToo marches, the masses spoke and the industry responded in the form of Cara Delevingne's rainbow Burberry runway coat and the solemn yet powerful all-black attire during the 2018 award show season. Rihanna's spectrum of 40 Fenty Beauty foundation shades and inclusive Savage x Fenty lingerie show brought a sense of responsibility as a fashion icon to the forefront. #ImNoAngel campaigns with diverse plus-size models called out Victoria's Secret.

As consumers, we are the final verdict. We speak, and the industry listens to our likes, dislikes, opinions, and desires in order to produce clothing that we are proud to incorporate as aspects of our identities.



FORGET BAD HAIR DAYS

BY NICOL MACIEJEWSKA

Bad hair days are a thing of the past this spring thanks to these trendy hair accessories. This spring you can expect to see chunky headbands that would make Blair Waldorf jealous, silk head scarves for all you free-spirited gals, embellished acrylic barrettes perfect for your Parisian aesthetics, and hair clips and pins that'll hold back those bangs you're desperately trying to grow out—at least that's how I'm using them.

SILK SCARVES

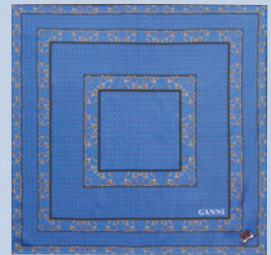
ETRO Goa Printed
Silk-Twill Scarf
\$410



CUYANA
Silk Stripe Scarf
\$45



ETRO Printed
Silk-Satin Scarf
\$70



HAIR BANDS

DONNI
Dolce Satin Headband
\$50



LELE SADOUGHI
Jet Pearl Headband
\$150



JENNIFER BEHR
Velvet Headband
\$125



BARRETTES

SHRIMPS
Antonia Blue Barrette
\$125



VALET
Cosmic Barrette In Blue
\$30



GUCCI
Crystal Gucci Single Hair Barrette
\$400

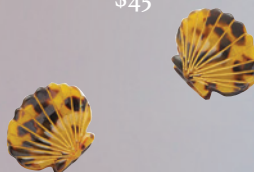


HAIR CLIPS

LELET NY
Seeing Stars Rhodium-Plated
Crystal Barrette
\$170



VALET
Ursula Shell Clips
In Tortoiseshell
\$45



RELIQUA
Fabiana Clip
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PINK PEACOCK

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BRANDON MAXWELL Cutout-Accented Gathered Gown \$6,995 **STELLA McCARTNEY** Pink Eclipse Sneakers \$485 **BALENCIAGA** Pink Round Neo Sunglasses \$260 **CAROLINA HERRERA** Doube Wrap Snakeskin-Leather Belt \$990 **PRABAL GURUNG** Terai Dropped Seat Cotton Pants \$695 **JACQUEMUS** Le Bello Leather Mini Bag \$345 **EUGENIA KIM** Lettie Grosgrain-trimmed faux raffia hat \$325 **GIAMBATTISTA VALLI** Bow Neck Chiffon Flounce Gown \$7,410 **BRANDON MAXWELL** Cape-Detailed Silk-Blend Wide-Leg Jumpsuit \$2,595 **ESCADA** Spring Summer Pink Pant Suit **NATASHA DEDONA** Lip Liner Pencil \$18 **YVES SAINT LAURENT** Glossy Stain Lip Color \$37 **MARC JACOBS** Nail Lacquer \$18 **ANASTASIA BEVERLY HILLS** Modern Renaissance Palette \$42



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S'MM



WOMEN IN POWER

BY THEA PEKAREK

Olivia Bronson's bedroom in East Williamsburg creates an aura that is welcoming and calm. A white, worn bookshelf in the corner displays an array of books and music: Andrews' *Flowers in the Attic*, Walker's *The Color Purple*, and Weezer's *Weezer (Red Album)* just to name a few.

Bronson, a senior Fashion Media major at LIM College, channels her love of creativity through her writing, photography, and any other outlet that allows her to express herself. Her walls are adorned with pictures of her friends and her own self-styled collages.

Like many women her age, Bronson has followed national news closely over the last few years and is encouraged by the progress women have made in politics. But she is also aware that sexism is alive and well.

"The reason sexism exists is because someone is benefiting from it," she says. "I do think there is a lot that [women] have achieved, but we also have to keep fighting, some harder than others, every single day."

By most accounts, 2018 was an amazing year for women in politics. The midterms resulted in the election of 127 women in Congress, the most ever in history: 25 in the Senate and 102 in the House of Representatives.

The women on campus at LIM College seem to have noticed. For this article, I interviewed a wide swath of them—students, faculty, and administration—in an attempt to hear as many views as possible. What I found was a consistent sense of frustration with the current political establishment mixed with cautious optimism about the future.

Bronson, who also serves as Web Director for *The Lexington Line*, is one of many women at LIM College and beyond that is inspired by the women elected to Congress.

As a young white woman witnessing this recent surge in women's activism, Bronson has become more involved and aware, and seeing Donald Trump get elected even after the Access Hollywood tape was particularly troubling.

"We're starting a conversation, and that's huge. But the hardest part for me was seeing that there were men

in my life that were supporting him, and it was like—hello? You have wives, daughters, me," she recalls. "It was also hard for me because I have friends who are gay, black, Mexican."

Tiffany Fuentes, an LIM senior and Marketing major with an immense and eclectic knowledge of music, has stature of barely five feet. But her vibrant personality ensures she will put you in your place if she needs to.

Fuentes feels optimistic about the potential for women to continue to change politics, but she doesn't think it will happen overnight.

"It's a lot of work," she says. "There are a lot of hoops that people have to jump through to make things happen. In particular, women of color."

As a younger Afro-Latina, Fuentes is inspired to see women of color in positions of power.

THERE IS SO MUCH
BEAUTY AND COMMUNITY
AND COALITION IN THIS
WORK. IT IS HEROISM."

"It's incredibly impactful to see black women [in Congress] because, like Malcom X said, the black woman is the most hated in America. So to see black women up there—it's like they're powerful, and I can be that too," she says.

Many of the women elected to Congress last year made history themselves based on their background.

Sharice Davids of Kansas and Deb Haaland of New Mexico are the first Native American women to be elected to Congress. Davids is also openly gay and has voiced her support for expanding Medicaid's health coverage, as well as for gun control.

Ayanna Pressley made history as well by becoming the first black woman elected into Congress to represent Massachusetts. She is an advocate for sexual assault survivors and for ending gun violence.

Additionally, there are several other women who became the first female Senator or Governor in their state, including Kyrsten Sinema of Arizona, Kristi Noem of South Dakota, and Marsha Blackburn of Tennessee.

The key, Fuentes says, is to maintain the current level of energy—and to broaden the base of support.

"We really need the white women on our team, because when it becomes a women's issue, that's when we see that mixture of white women, black women, all women. But when it becomes a racial issue, you see a lot of white women disappear," she explains. "When we sit here and talk about women's empowerment, white

women need to be present at every single rally, whether it be for black women, Black Lives Matter, or anything that has to do with a group of people that don't look like them. I want every single woman to feel accepted, empowered, and important."

Some have been witnessing the fight longer than others. Liz Sweibel, who teaches in LIM's Arts & Sciences department, remembers the assassination of President Kennedy, the resignation of President Nixon, and the struggle for equality that women endured throughout that era and beyond. She says she is optimistic about the political climate.

"I think when women are given or take a voice, they get it done," Sweibel says. "Women take care of things and don't let things get in the way. [The Women's March] made me feel hopeful. Something finally got everyone's attention to galvanize people. Complacency has been the problem, and I'm included in that. We all took for granted what we had and then, all of a sudden, a light shines on what we have to lose."

Like Bronson, Sweibel found it difficult to watch Trump's political rise.

"The hardest part for me has been seeing the women that stayed with him," she states. "It's fear. Whether it's a racist-based fear, a misogynistic-based fear, economic fear, it doesn't matter; it's all fear."

Sweibel says she has deep admiration for Speaker Nancy Pelosi, and for Alexandria Ocasio-Cortez, the youngest woman ever to be elected to Congress.

Pelosi, the only woman ever elected Speaker of the House, displayed her prowess throughout the government shutdown in early 2019 and did not allow Trump, as well as the rest of the Republican party, to pressure her into giving them the billions demanded for a wall across the Mexico-U.S. border.

Stephanie DeBiase, who teaches Women's Studies at LIM, believes that people are becoming more politically informed and more inclined to speak out on what upsets them.

"I think that when people feel angry, it provokes them to change the way they're maneuvering through the world," she says. "Typically when people who aren't cis-men have political power and start talking about different oppressions, people begin nodding in agreement, which leads to policies being born or changing."

As someone who is younger than the majority of professors at LIM, DeBiase doesn't recall politics growing up and as a teenager.

"It wasn't until my twenties where I wanted to go out of my way to educate myself, so this is kind of all I've ever known while being conscious of what's going on around me."

Andrea Kennedy, who teaches in the Fashion Merchandising department at LIM, echoes the excitement of her colleagues.

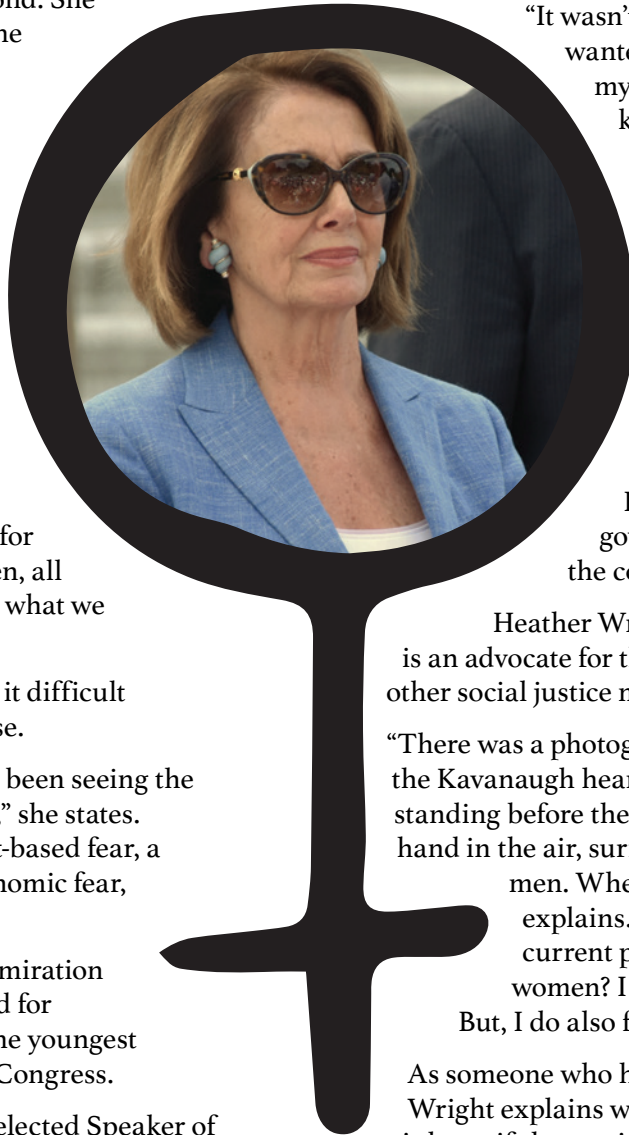
"I'm excited. Ultimately, it's not just women we need; we need all different races and sexual representation," Kennedy explains. "We need the government to look like the country."

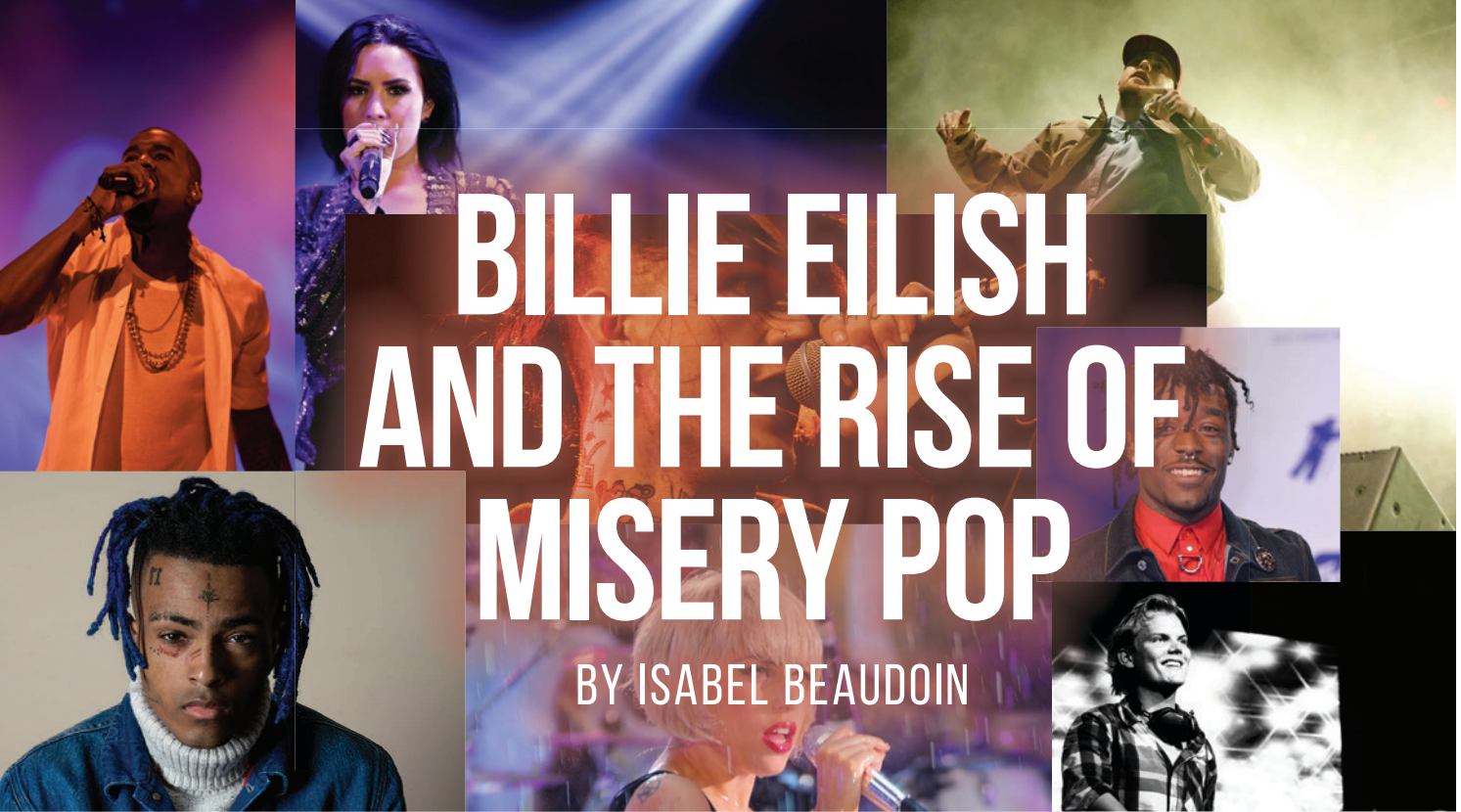
Heather Wright, an academic advisor at LIM, is an advocate for the LGBTQ+ community and other social justice movements.

"There was a photograph that circulated during the Kavanaugh hearings of Christine Blasey Ford standing before the Senate, her eyes closed and her hand in the air, surrounded by a sea of angry white men. When I saw that photo, I cried," she explains. "So, how do I feel about the current political climate revolving around women? I still feel sad. I feel angry. But, I do also feel hope."

As someone who has survived a lot, and shared it, Wright explains why she thinks someone's activism is beautiful yet painful.

"We are all out there baring our pain in the streets because that is the only way we can make ourselves heard right now," she expresses. "And of course it works, but it is slow work, and it isn't always healing work. If you keep ripping open your wounds to show the world what you've survived, it makes it that much harder for them to heal. But of course, as I said, there is so much beauty and community and coalition in this work. It is heroism."





BILLIE EILISH AND THE RISE OF MISERY POP

BY ISABEL BEAUDOIN

Somewhere between heaven and hell lies internet sensation Billie Eilish, styled head to toe in an oversized Gucci outfit, singing about burying a friend. Despite its melancholy culture, her fandom continues to devour her new music, craving more. Eilish gave birth to the hit “Ocean Eyes,” which was recorded in her childhood bedroom, when she was just 13. Oozing with raw talent, she has blossomed since then with her debut album *Don’t Smile at Me*. Filled with heartbreak, *Don’t Smile at Me* is intended for the wounded. Eilish’s lyrics radiate with pain and mystery, resembling a mixture of Lorde and Lana Del Rey, but with an added edge. She openly sings about her anxiety, depression, and self doubt, stirring up concern in the public eye. It’s alarming how open and nonchalant she is with her sorrowful thoughts: Eilish regularly explains the reasoning behind her carefree attitude, once saying in an interview posted to YouTube by *Vanity Fair*, “I’ll die one day, everyone else will die one day, so nothing will matter one day.”

Although she does paint a unique picture of her fragile mindset, Eilish is not alone in the modern phenomenon that is misery pop. In recent years, it seems that the mainstream has made a turned from pop to hip-hop as the go-to genre. The misery followed. Evolving from pop-punk to emo-rap, new artists such as Lil Peep, XXXTenacion, and Lil Uzi Vert arrived on the scene. In Uzi Vert’s “XO Tour Life,” he raps about using drugs to take his pain away: “Xanny, help the pain, yeah/ Please, Xanny, make it go away/ I’m committed, not addicted, but it keep control of me/ All the pain, now I

can’t feel it/ I swear that it’s slowin’ me, yeah.”

We have seen many influential artists turn to music to cope; Kanye West refers to his bipolar disorder as his “super power.” In “Yikes,” on his 2018 album *ye*, he raps about the toxic relationship he has with his medication: “Sometimes I scare myself, myself/ They take me on meds, off meds, ask yourself/ Shit could get menacin’, frightenin’, find help.”

In a *Billboard* article, Kanye spoke about the stereotype of mental illness. “I’ve been trying to do a serious interview speaking on mental health, but it seems as though all members of the press are afraid to speak to someone who has been diagnosed but is still everyone’s favorite superhero,” he said.

The reality of mental illness has become inspiration for music’s most popular faces. From the drug addiction Demi Lovato faces and anxiety-driven physical pain Lady Gaga struggles with, to the premature passings of highly-respected artists such as Lil Peep, Mac Miller, and Avicii, mental health clearly affects “perfect” socialites as much as anyone else. The list of affected artists grows, increasing worry with every questionably dark song produced.

Has struggling with mental health in the music industry become so normal that we are blind to it? The industry is unfortunately destined for this inevitability; artists feel constant pressure to write better and better albums, a never-ending life cycle. In other words, hell. In the *Vanity Fair* interview, Eilish answered the same

questions a year apart. When asked the question “How do you feel about the music industry?” she quickly admitted, “We’re all sad as hell, all these artists, we’re sad as shit dude.”

We ask ourselves: will these misery-filled songs from these highly influential artists put the mindset of adolescent listeners in jeopardy? The terrifying reality, according to the Center for Disease Control and Prevention, is that suicide is the third leading cause of death in 15-19 year olds.

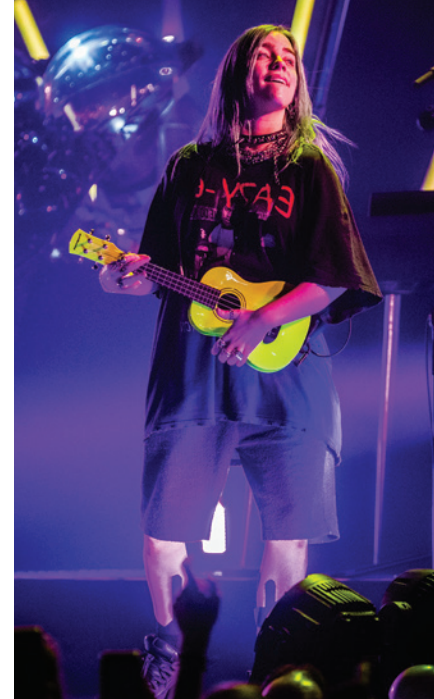
Music has such a significant impact on the mind. It can change or enhance a mood instantly. As the 19th century philosopher Arthur Schopenhauer wrote, “The inexpressible depth of music, so easy to understand and yet so inexplicable, is due to the fact that it reproduces all the emotions of our innermost being, but entirely without reality and remote from its pain.” If you’re feeling sassy, you listen to Beyoncé, if you’re feeling lovestruck, Daniel Caesar, and now you listen to Billie Eilish if you’re feeling down. In her debut, she lures listeners into dancing by using uplifting beats hidden behind sinister lyrics with songs like “Bellyache.” In her hit “idontwannabeyouanymore,” she sings about desperately hating herself: “Tell the mirror what you know she’s heard before/ I don’t wanna be you.”

Eilish doesn’t beat around the bush. Rather than hiding her truth, she captures it in her raw lyrics, then brings it to life in her eerie music videos. For a teen sensation, this can raise concerns. Is Eilish a life raft for her drowning fans, or is she the anchor dragging them down?

This counterargument for her problematic lyrics can be applied to any and all artists out there singing about drugs, violence, sex, and other provocative themes. Eilish has unknowingly become the face of misery pop by naturally being herself. She is unapologetic for who she is and what she creates, inspiring others to follow suit. Mental illness is an uncomfortable, avoidable topic. Eilish doesn’t follow along; she dives in head first, graphically singing and talking in interviews about the state of her mental health. On the Genius YouTube channel, Eilish interprets the lyrics of “Idontwannabeyouanymore.” She confesses, “You can feel so unbelievably lost and horrible and like you’re nothing and you’re invisible and for no reason at all. Which is almost worse than having a reason. It’s the way that my brain works. And it’s like, ‘Billie what’s wrong’, I don’t F***** know, like, me that’s what. And it’s like ‘who hurt you?’ And it’s like, [Me] (points to herself).”

It’s 2019. Mental illness should be taken more seriously than the Kardashians’ latest Instagram post. Eilish is defying odds as a young artist, using her platform to reach out to her viewers to let them know there’s at least one person that feels the same way. As a listener, misery pop can bring out one’s despair, but it can also offer relief. When dealing with depression or self-doubt, you can feel like you are deserted on an island; there are thousands of young people that feel this exact way. In a 2018 article for the American Academy of Family Physicians, Chris Crawford writes, “in 2016, nearly 45,000 Americans age 10 or older took their own lives, a figure that reflects the unfortunate fact that suicide rates in the country have risen nearly 30 percent since 1999.”

With the lingering hope that this can become a top priority in the music industry and beyond, Eilish becomes the coping mechanism teens turn to when they are feeling down. She helps to grab the attention of the public and the music industry to inspire others to acknowledge their demons. The fascination with Eilish has been a headline in music due to the complexity of her work. For some, it’s hard to digest the meaning behind her music. For others, she is the light at the end of the tunnel. At just 17 years old, Eilish is transforming the music industry using her weakness as a power to be the voice for many.



SWEAT -FREE SUMMER BUYS

BY EMMA SEERY

Summer: arguably the best time of year. As the winter months seem endless, we can't help but dream of leaving our apartments in flip-flops and tanks instead of snow boots and jackets. But let's not forget the grass isn't always greener on the other side, and for most of us, each turning of the seasons is a rude awakening as to how awful summer really can be on our beauty routines. Yes, leaving in flip-flops and tanks is nice for about a minute. That is, of course, before you start uncontrollably sweating, your hair starts turning into a fuzz ball, and all you're thinking about is the closest building with a working AC. Why can't summer be as good as cinema portrays it? You don't see Timothee Chalamet or Armie Hammer looking like a disgusting sweaty mop. Even when they have their moments, they shimmer like Greek gods! Is this fair? Absolutely not.

Fact of the matter is, most of us aren't Timothee Chalamet or Armie Hammer, and we don't have the luxury of a full crew to perfectly create those oh-so-pretty moments. The possibility of looking THAT good during the hot summer months is simply out of reach for us common folk. The reality is, you're sweaty, you're smelly, and no matter how many mascaras you purchase, they all end up smeared all over your eyes. Though the battle between beauty and summer is never ending, here are a few tips and tries to keep yourself from melting away.

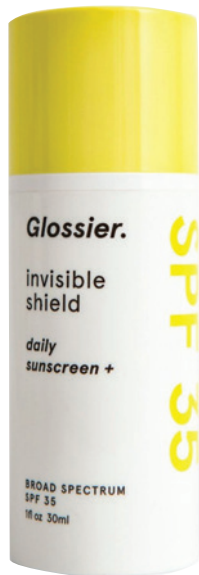


CAUDALIE GRAPE WATER \$18

Before you shame the idea of \$18 canned water, let us introduce you to Caudalie Grape Water. This organic formula is a favorite for makeup artists and skincare fanatics. Infused with Bordeaux grapes, this formula hydrates and soothes skin even in the harshest conditions. Grapes have the ability to not only hydrate but retain water. With just a few sprays, your skin will be dewy as ever.

GLOSSIER INVISIBLE SHIELD \$25

Unfortunately, sunscreen is as important as dermatologists preach. If you're going to be spending your days in the sun, you need to apply an SPF of at least 15 every few hours. If you skip on the protection, you'll be leaving the beach looking like Larry The Lobster rather than sun-kissed Chrissy Teigen. Glossier's Invisible Shield is the sunscreen for people who hate sunscreen. This lightweight, water gel SPF 35 formula is made with no alcohol to keep you hydrated and protected all day long.



BOSCIACLEAR COMPLEXION BLOTTING LINENS \$10

If you have oily skin, you know these little guys are a true lifesaver. Blot away excess sweat and oil with Clear

Complexion Blotting Linens by Boscia. The fibers eliminate shine, while the antiseptic ingredients such as salicylic acid prevent future breakouts.

BENEFITCOSMETICS BENETINT CHEEK & LIP STAIN \$30



A true cult classic that will forever remain in the hearts of makeup lovers. This kiss/smudge-proof formula is sure to give you the perfect flush all day and night. Tip: apply across the bridge of your nose for the perfect sun kissed flush.

MAKE UP FOR EVER WATER BLEND FACE & BODY FOUNDATION \$43

Full coverage foundation and summer are like oil and water. Try this ultra light Water Blend Face and Body Foundation by Makeup Forever. With a range of 20 shades, this formula made of 80 percent water will surely give you the coverage you desire without the gross, sticky feeling of a heavy foundation.



BECCA SHIMMERING SKIN PERFECTOR® LIQUID HIGHLIGHTER \$41

THIS is the only kind of shine we want all summer. Becca Shimmering Skin Perfector can be described as liquid gold. Infused with ultra fine light reflecting pearls, this will give you the natural glow without the mess. With a range of seven shades, this product caters to anyone and everyone.



NEUTROGENA SINGLE MAKEUP REMOVER WIPES \$9

Be ready for any makeup meltdowns with Neutrogena Single Makeup Remover Wipes. With the ability to remove your most stubborn makeup with one swipe, these wipes are formulated to be gentle on eyes and sensitive skin. Their size makes them portable and easy to grab on the go in any scenario.



DO YOU FEEL ME?

THE ART OF EMPATHY IN AN AGE OF HOSTILITY

BY MORGAN BOERUM

I am a feeler and always have been. And when I say feeler, I mean that I am basically the most emotional human being to walk planet Earth. I cried three times while watching the new Grinch movie last Christmas, I feel a rush of pain when I see a dead insect on the ground, and I lose my shit anytime a commercial comes on and it shows any living being suffering. You could say my emotion level is at hormonal prego mom in her first trimester.

I'm not only extremely emotional, but I'm a pretty empathetic gal; maybe that's because the two things go hand-in-hand. Okay, let's rewind for a second. Do you remember in grade school when you were learning the difference between sympathy and empathy? Well, at least when I learned it, the teacher always said that you should feel sympathy for others, but not empathy. Empathy is where you must draw the line. But for me, empathy is where I start.

Having trouble remembering the difference between empathy and sympathy? Sympathy, as *Psychology Today* describes it, is when you can say "I care about your suffering." Empathy is when you actually feel that suffering. I can feel that suffering, which is why I am so emotional. When I see that Grinch movie and watch the protagonist's heart ache for her mother to be happy, I can feel that in every inch of my being. When I see the commercials of a small child suffering from hunger, I can feel it in my stomach and in my throat.

Is this all getting a little too, mmmm, weird for you? It's all cool. I thought it was the weirdest thing I had ever experienced until I got to college and others told me they felt the same.

Now, I'm not saying I have this crazy super power where I feel all the emotions of the entire world at any second. But I do have the ability to feel each person's highs and lows. And no matter how good or how bad that person is, I am always able to have compassion.

Let me give you an example: I can watch a documentary about a serial killer and feel both empathy for the victims and empathy for the murderer. Strange, right? I know. It's something that usually people would look at and be like, "Damn that dude sucks. He deserves that sentencing." But I look at this murderer and think, "I feel your pain, I feel what you are going through, and I have compassion towards you. I want to help." Of course, having empathy for some people, especially sociopaths, can be a dangerous trap.

Empathy is how you connect with others. It is how you can enrich your perspective on life. It is how you can learn to better communicate with others. It is how you can be a better friend, child, parent, or partner. By being more empathetic, you can open up your door to others and create a space of understanding and compassion—something the world is seriously lacking.

To me, empathy is the key to dissolving hate. And it should be important to everyone because, unfortunately, we are living in a moment where there is more than enough hostility to go around. Empathy can not only provide a common ground for us all, but create a platform to get rid of that hostility, because empathy encourages you to stop vilifying the "other." Instead, to do all you can to attempt to see how and why they arrived at their particular points of view. To see them, even if you don't agree with them.

Like *Washington Post* writer Jennifer Breheny Wallace states in her article about empathy, it plays a crucial role in bringing people together. And bringing people together is something we, as a society, really need.

Now, some argue that being too empathetic can have a negative impact on both you and society. By allowing yourself to feel what others feel, especially when it's an emotion such as stress, anxiety, or depression, you in turn can begin to take on the mindset of that other person. But here is the catch: it depends on the way you feel empathy.

Wallace discusses how there are three types of empathy cognitive empathy, emotional empathy, and compassionate empathy. Cognitive empathy occurs when you can understand the way someone is feeling; emotional empathy is when you can relate to that person's emotions and will feel that emotion; compassionate empathy combines both of these and adds the urge to help that individual with his or her emotions.

Wallace continues to explain that a research study published in the *Journal of Experimental Social Psychology* found that those who experience empathy all had negative mental reactions, except for those feeling compassionate empathy.

The study participants who were asked to both feel someone else's emotions and actively think about how they could fix their problem had a positive reaction. This is because your brain responds like you are "confronting a problem," showing that the way empathy affects you depends on your outlook.

What I'm getting at is compassion is the key to empathy. In order to use your awesome brainwave skills that are empathy in a positive and productive way, you have to be able to feel compassion towards others. You have to let that compassion fuel your desire to help.

So, use your empathy to challenge your views of others. When you see someone you disagree with who is passionate about what they have to say, try to empathize with them, to feel the intensity they feel about their cause. I'm not saying you have to agree with them by any means, but simply being able to connect and understand that point of view can go a long way.

By doing this, and enhancing your basic human connections, you can really open your mind up and allow yourself to garner this bomb emotional tool belt that can broaden your mindset. This can then result in more positive conversations taking place around things such as race, gender identity, religion, and other topics full of complication and nuance. Because the minute you are able to empathize with another individual, all the ideas you have built throughout your life about what type of person someone may be can dissolve. This leaves you with the basics, a human being, which is what we really are: human beings.

Take it from the emotional queen; it feels pretty cool to connect with and feel kindness toward another human being. Even if it's Donald Trump.



**ROSE LITKOWSKI
CLASS OF 2019**



STUDENT STYLE

GET INTO IT



**MAEVE DUKE
CLASS OF 2020**



JULIA DE LUCENA
CLASS OF 2019

EDITORS' PICKS

PAMELA KIVI • DIGITAL CONTENT EDITOR



I'd describe my style as eclectic, slightly edgy and vintage-fueled. I'm obsessed with the '60s, '70s, and '90s and love the thrill of thrifting. I have a vintage oversized leopard coat I've been sporting all season and I consider it a staple in my closet. I'm a big fan of chunky accessories, and jewelry is the perfect way to make a statement. I've got a thing for felines—this chunky Gucci lion ring is the perfect way to elevate any outfit. When I'm relaxing in my apartment, candles provide a cozy mood. I'm obsessed with 'Goddess' from Urban Outfitters. Living in the concrete jungle, it's important for me to incorporate some natural elements into my space. I'm a "crazy plant lady." I also like keeping a big crystal cluster in my window for good energy and a nice natural touch. A chunky quartz or amethyst cluster serves as gorgeous décor, as well as good energy/vibes. As a writer, I've always been a huge fan of Sylvia Plath. The book of collective poems is filled with entrancing literary inspiration. A brightly-hued mani is a summer must have. It's a 10 Miracle Leave-in is the ultimate frizz tamer — trust!



THE COLLECTED POEMS



SYLVIA

PLATH

AUTHOR OF THE BELL JAR



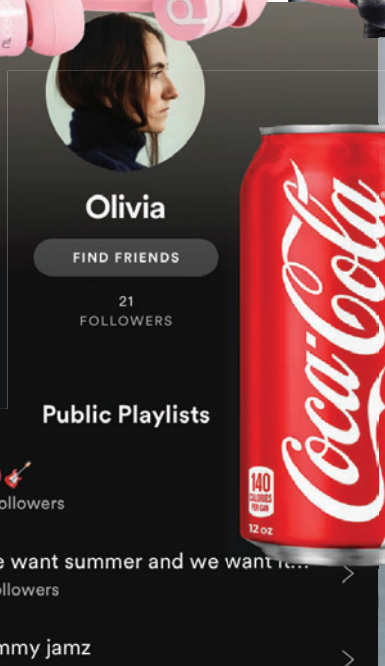
Edited and with an Introduction by TED HUGHES



EDITORS' PICKS

OLIVIA BRONSON • WEB DIRECTOR

Versatile is a good way to describe the way I dress. However, I am always drawn to a pop of a bold color, which is what drew me to this Zimmerman S/S '19 look. The entire collection was fantastic, but the red blazer and pant with the frilly top and white sneaker is really just something I would like to live in. I love to dress simply, but still make a chic, cool-girl statement. If I am not wearing my Doc Martens, then you can definitely find me in my Stan Smith's with the green accent (of course). Some of my hobbies include journaling and making playlists. It's hard to find me not listening to music. Even if it isn't through my headphones, I find a way to make it happen. Music is something that I didn't realize was a true passion of mine, mostly because I have integrated it so much into my daily routine that it is normal background noise at this point. I have a slight obsession with jackets, tote bags, and rings. Day by day my collection grows, and it's to a degree where I get recognized for one of my many NY totes or my plaid oversized trench. Although I consider New York City my home, Saugerties, NY is where I grew up. I hold that little town very close to my heart. The Love Knot is a sculpture that is widely recognized in the area, and I actually ended up getting it tattooed on my body. Speaking of tattoos, I also have a deep love and appreciation for those. Much like my jackets, tote bags and rings, my tattoo collection is slowly but surely coming along. One of my favorites is my Scorpio constellation. I went in with the idea of just getting the star pattern, but then my tattoo artist (Felix from Woodstock Tattoo Studio—check him out) sketched a rose within the constellation, and that really topped it off and made it special. If you know me, then you know that Coca-Cola is my favorite accessory. A majority of the time, you can find me with a can of Coke in hand. And yes, before you ask. I do know that there are studies that say drinking soda is worse than smoking cigarettes, but we only live once, right?



EDITORS' PICKS

MIKAYLA SCHOHL • PHOTOGRAPHER



The NAVY Hair Care Voyage Kit is a great hair care trio that is vegan and not tested on animals. Giorgio Armani Fluid Sheer is the absolute best makeup item ever; it is light and is a great alternative to a highlight stick or powder. Glossier Mask Duo: Detoxifying and Hydrating mask is amazing. My skin has never felt so clean after use. Any type of statement sneaker is a must-have right now, and at the moment, I love the Air Max Plus 97. Mahogany Teakwood Candle from Bath & Body Works is the best scent EVER. The Free People Dolman Bomber is the best jacket for basically any season. Mac Velvet Teddy is my forever go-to nude lip. Sam Edelman cheetah-print booties are my favorite style boot. I am obsessed with big earrings that aren't chunky; the Urban Outfitters Star Earrings are subtle but add a little something to each look. Del Toro Bee Happy embroidered loafers are my absolute favorite shoes. The runway look from Oscar de la Renta S/S '19 is one of my all-time favorites; it is sleek and timeless and reminds of something I would want to wear while traveling, which is my favorite thing to do!



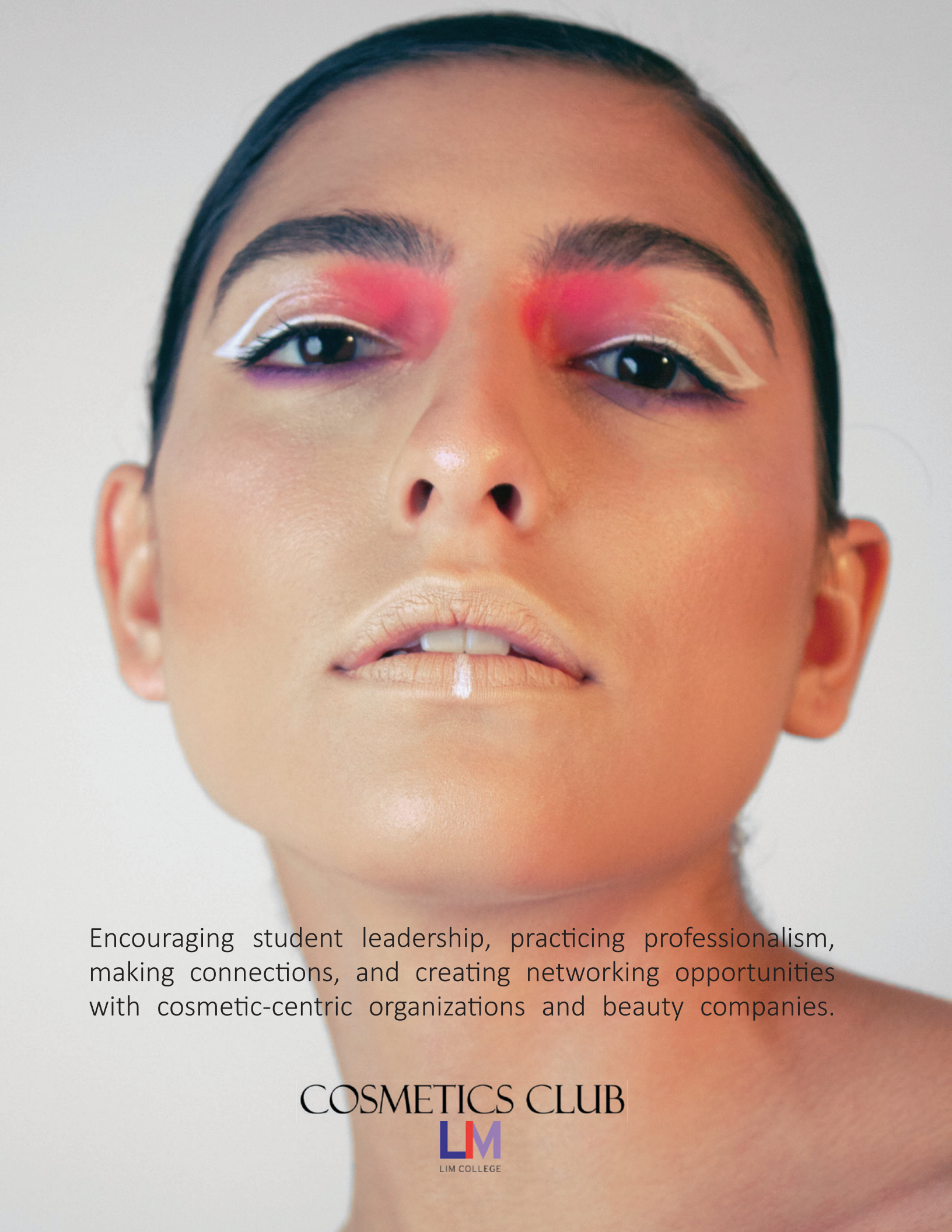
EDITORS' PICKS

ISABEL BEAUDION • MUSIC EDITOR



I'm the type of #GIRLBOSS who goes to work with a bold look and sneakers. Lately, I've been gravitating towards my dirty, worn-in Air Force One's. Comfort is my priority, which is why you usually see me in an oversized sweater and a pair of thrifted Levi's. My style is best described as effortless, bold, and bohemian; I like to stand out with prints/patterns, bright colors and unique silhouettes, which is why I loved Loewe's S/S '19 collection; it has a relaxed Bohemian look with a modern feel. You could easily see me in that bright orange oversized sweater paired down to a casual pant with a statement bag. Whether I'm in a monotone look or wearing my favorite leopard print pants, I always add in a stand-out bag or earrings. I am a stan for the brand "Min and Mon." Their products are quirky. My makeup routine shadows my effortless, au naturel routine, which usually consists of concealer, bronzer, eyebrow gel, Clarins lip oil, and my favorite highlighter, the Milk Holographic stick. Don't be fooled by my "I woke up like this" look. I use dry shampoo almost every day. On the subway, you can always catch me tuning out the world, blasting Daniel Caesar with my FRIENDS headphones and a hazelnut iced coffee. As if I don't drink enough coffee, it's also used in my skin care routine. I am also a face mask fiend. My all-time favorite is the Lush Cup of Coffee Face and Body Mask. With my beat-up Swell water bottle, a good playlist, and my slightly brown Air Force One's I am always ready to conquer my day.





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